

# Fresh ink

## HOT OFF THE PRESS!

Featuring Pixie Mate in the December 2006 issue of *HealthyLiving NYC*

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The Best Healthy Has to Offer...

### best of 2006

We're proud to announce the winners of the first ever HealthyLivingNYC Best of Health Awards. We toiled for months to narrow it down to a select group of esteemed finalists, making sure to include only the highest quality products and the most reputable businesses. Then, we flipped a coin and picked the winners. Just kidding. But all joking aside, this is a short list of the best that we've come across in the past year. Check it out and see if you agree, but keep an open mind—you might just find something you like.

#### BEST WATER ~ HINT

The best of the flavored water craze, Hint puts a new spin on what your body needs most—good old H2O. With just a touch of natural flavors, Hint is the healthy alternative to quench your thirst without sacrificing taste. Available at Whole Foods, Gourmet Garage, Fairway, and more. [drinkhint.com](http://drinkhint.com)



#### BEST MATÉ ~ PIXIE MATÉ

If you haven't yet discovered the magic of maté, you're missing out. The most popular drink in South America for centuries, yerba maté boasts eight times the antioxidants of green tea. Pixie's Original Maté Latte has all the health benefits with a great latte flavor and a wallop of energy. We'd never finish a magazine without it. Available at Whole Foods, Westerly Health, and numerous cafés. [pixiemate.com](http://pixiemate.com)