

kiwi

Growing families the natural and organic way.

"Green"
Baby Shower
Gifts

47 Ways to a Healthier Home:

Organic Bedding | Eco-Furniture
| Natural Cleaning + more!

Easing Stress for Kids

Build a Better Breakfast



Food Wise

Kiwi Picks:



Some Like It Hot

Whether it's after a day of frolicking in the snow or on a lazy Sunday afternoon, kick back and cozy up with a mug of warm brew.

Pixie Maté Chai Latte

A new twist for chai aficionados. Made with yerba maté (an antioxidant-rich drink from South America), cinnamon, cloves and vanilla, this is a spicy and rich, yet smooth, beverage. One-half cup of concentrate is 80 calories; just mix with your favorite milk.

Whole Kids Organic Cocoa

For the kids (or the kids-at-heart) in the family, this is an organic version of the classic winter favorite. An 8 oz. serving has less than 150 calories.

For the Love of Chocolate Cocoa Mix

Diabetics and health-conscious chocolate lovers now have a no-sugar alternative to hot cocoa. We especially enjoyed the dark chocolate with an essence of orange. Made with water, each mug full is about 22 calories.

Vitasoy Peppermint Chocolate Soymilk

This seasonal variety (available through March) marries creamy chocolate with refreshing peppermint. We savored this beverage warm, but it can be enjoyed cold as well. Only 140 calories per cup.